



All


about

my

future

Activities book

This book
belongs to



How to use this book

This book is for you to use at school and at home.

You will be given a number of challenges to complete that will help you learn more about the different type of work that people do in your community, what is really involved in different jobs and what the future might be like for you. You will have to decide what job you would like to do, but you will learn more about what the world of work is like so you can have lots of new ideas and can understand how what you learn at school helps you in later life.

For some challenges you will work on your own, but some of the time you will together work with your classmates. When you have successfully completed a challenge, your teacher will give you a sticker to record your achievement.

You can use the book to record your ideas about your future and add your own photographs, drawings or thoughts.

At the end of year 6 you can choose to show your completed book to your new teachers at secondary school so that they can find out more about you.

Good luck!

All about me

Getting to know yourself is the first step in working out what sort of job might suit you in the future. If you know what you like and what you are good at, you can think about whether what's involved in a job would make it something you'd like to do. Answer these questions, then discuss them with your teacher. There are no right or wrong answers; it's all about you!

1. How would other people in your class describe you? (if you are not sure, ask some of them!)

- The class joker
- Someone who is really hardworking and always tries their best
- A really confident person
- Reliable and trustworthy
- Good at organising and leading things
- Other: _____

2. Which of these best describes how you feel about school?

- I really like school and always try my best in everything
- I like school but work harder in some lessons than others
- I only really like school at break-times
- I don't enjoy school at all

3. Which of the following things at school do you like? (tick as many as you like)

- writing things
- sport
- using numbers
- learning about the past
- music
- art
- working in a group
- working on your own
- after school clubs (please say which) _____
- Other: _____

When you've completed this challenge,
stick your sticker here to prove it!



 **4. Which of the following things do you like to do in your spare time? (tick as many as you like)**

- | | | |
|--|---|--|
| <input type="checkbox"/> reading books | <input type="checkbox"/> listening to music | <input type="checkbox"/> helping out around the house or in the garden |
| <input type="checkbox"/> computer games | <input type="checkbox"/> watching films | <input type="checkbox"/> looking after pets |
| <input type="checkbox"/> drawing or painting | <input type="checkbox"/> sport | |
| <input type="checkbox"/> dancing or drama | <input type="checkbox"/> cooking | |

5. Out of each pair of statements, which one is most like you? (tick one from each pair)

- | | | |
|--|-----------|---|
| <input type="checkbox"/> I am someone who likes working with other people in a group | or | <input type="checkbox"/> I am someone who prefers to work on my own |
| <input type="checkbox"/> I like meeting new people and getting to know them | or | <input type="checkbox"/> I prefer to just talk to people that I already know |
| <input type="checkbox"/> I get upset when people tell me off or laugh at me | or | <input type="checkbox"/> It doesn't really bother me what other people think of me |
| <input type="checkbox"/> I like learning new things | or | <input type="checkbox"/> I like it best when we do something in class that I already know how to do |
| <input type="checkbox"/> My favourite lessons are the ones where we sit and write | or | <input type="checkbox"/> My favourite lessons are the ones where we make things |
| <input type="checkbox"/> I like it when the teacher tells us exactly what to do | or | <input type="checkbox"/> I like it when we have to decide ourselves how to do something |

 **6. What would your idea of a great future involve? (tick as many as you like)**

- | | |
|--|---|
| <input type="checkbox"/> Being famous | <input type="checkbox"/> Helping others and making the world a better place |
| <input type="checkbox"/> Being rich and powerful | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Having a family | |

All about them

These pages are to help you discover what other people think about their time at school and their ideas for the future. Talk to some adults that you know well, from school or from home, and fill in the gaps.

Adult's name:



What they do now:

What they wanted to do when they were my age:

Is there anything they would have done differently at school?

What they think York will be like in the future:

My thoughts about this:

Put your sticker here to show the world you've completed this challenge!





Adult's name:

What they do now:

What they wanted to do when they were my age:

Is there anything they would have done differently at school?

What they think York will be like in the future:

My thoughts about this:



Adult's name:

What they do now:

What they wanted to do when they were my age:

Is there anything they would have done differently at school?

What they think York will be like in the future:

My thoughts about this:

All about York

For this activity you will spend some time in the city centre. Your teacher will help you find the places you need to visit.

Find this building.



What jobs do you think people would do there?

List as many as you can.



Find this building.



What jobs do you think people would do there?

List as many as you can.



Find this building.



What jobs do you think people would do there?

List as many as you can.



Find this building.



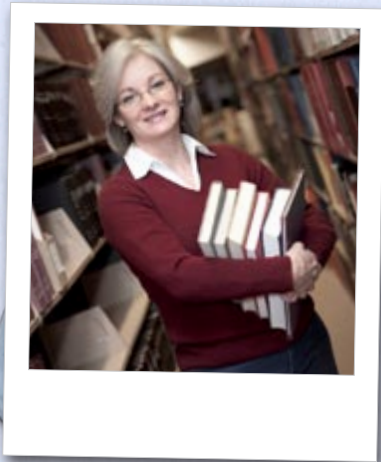
What jobs do you think people would do there?

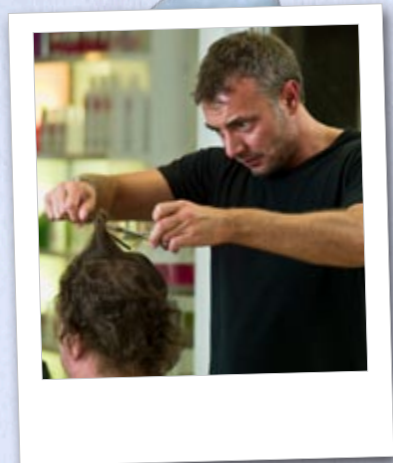
List as many as you can.

more on the next page →

For each of the people below, work out what their job is and find somewhere in town where they might work. Ask your classmates if you are stuck. Once you have found a workplace, write the name of it in the space next to the person.











Use this space to write about any other jobs you have spotted people doing in town that you think are interesting:

Finished? Great news!
Collect another sticker and put it here.



All about work

This is an activity that you can complete throughout the year as you go out of school on trips, or when visitors come to meet you. You can do some of it in your spare time if you want to. You need to look out for people and record information about their jobs. You might need to talk to them to find some things out.

Spot someone who works with money.

What is their job?

Where do they work?

What do they need to be good at to do their job?

Spot someone who works with food.

What is their job?

Where do they work?

What do they need to be good at to do their job?

Spot someone who works in transport.

What is their job?

Where do they work?


What do they need to be good at to do their job?

Spot someone who sells things as part of their job.

What is their job?

Where do they work?

What do they need to be good at to do their job?




Spot someone who helps the public or cares for people.

What is their job?

Where do they work?

What do they need to be good at to do their job?



Spot someone who works in building or making things.

What is their job?

Where do they work?

What do they need to be good at to do their job?




Spot someone who works with computers.

What is their job?

Where do they work?

What do they need to be good at to do their job?



Spot someone who works with plants or animals.

What is their job?

Where do they work?

What do they need to be good at to do their job?



You know how it works. Finish the challenge, show your teacher, get a sticker, stick it here!

All about a job

Now you will interview someone with a job to find out what their life is like. You might be asked to interview someone chosen by your teacher or you might be able to pick someone you know from home. Ask them the questions and write down their answers. There is also space to write your own questions. Don't be shy—ask whatever you want to know!

What is your job?

What do you do on a daily basis?

How many other people do you work with?

What is the best thing about your job?

Is there anything you don't like about your job?

What education or training did you need?

What kind of person would be at good at your job?

How do you use what you learnt at school in your job?

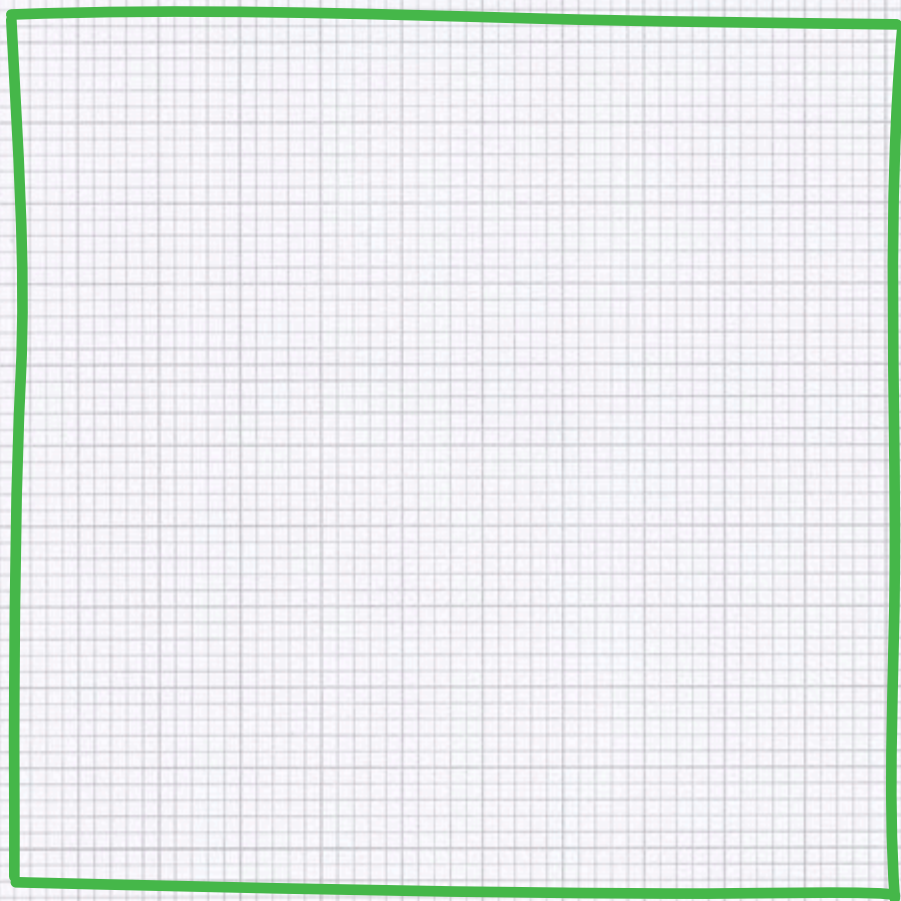
Other questions.....

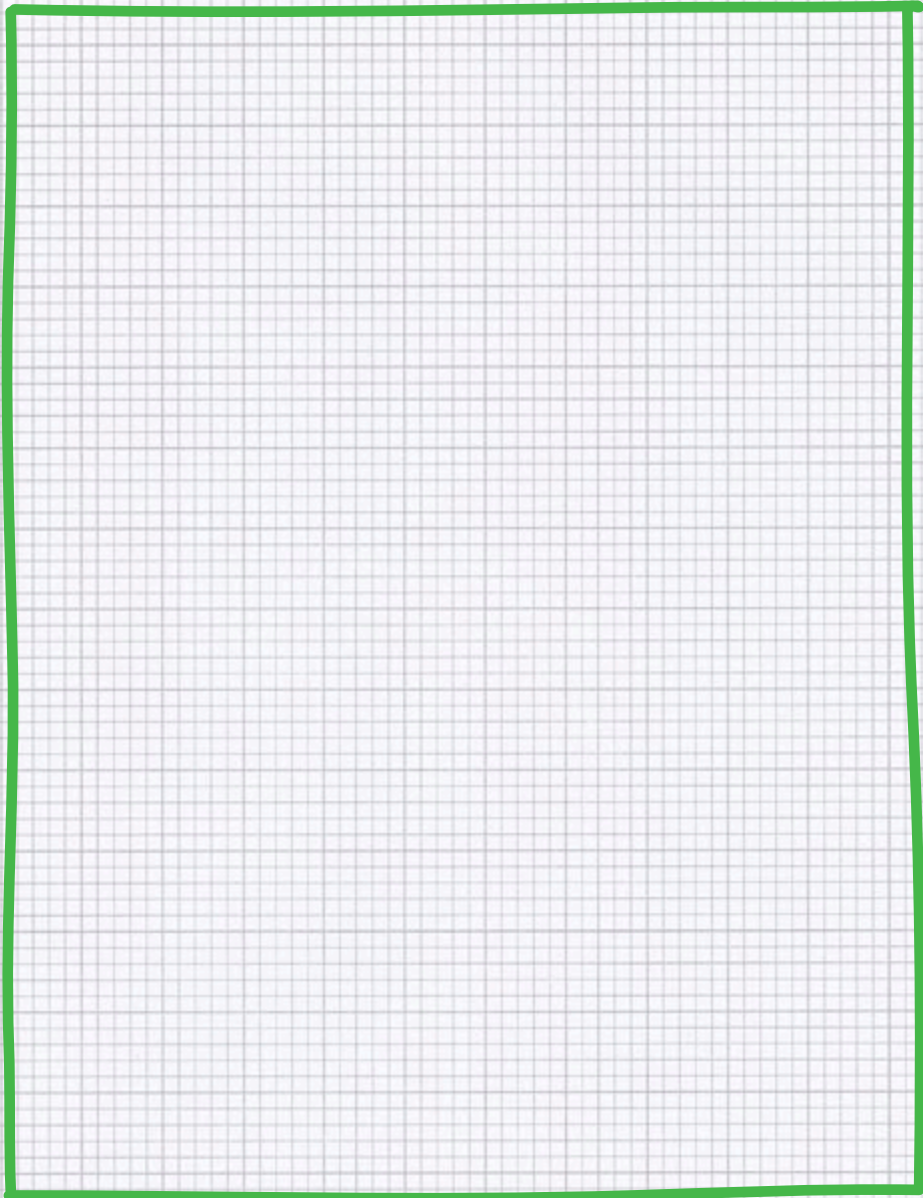


Done? Excellent. Put your next
sticker right here.

All about my ideas

Here you can record some more information about the jobs that you are most interested in. Use the internet or talk to more people you know to find out about what is involved in the jobs you think you might like to do. Are there any jobs you definitely do not want to do? If so, why not?

A large, empty rectangular box with a thick green border, occupying the lower half of the page. It is intended for the user to write their responses to the questions above.



It would be a good idea to put your sticker here when you get it.



All about secondary school

A big part of your future will be moving to secondary school and all the things you will learn about and do there. When you visit your new secondary school and in your own classroom, you will be able to complete the challenges below. If you do not know how to answer any of the questions, ask someone!

1. Quick questions

What time does secondary school start and finish?

How will I get there and how long will it take?

2. Lessons

What is different about lessons in secondary school compared with primary school?

How many lessons a day are there?

What choices do I have in Year 9?

3. Activities

What clubs are there at your new school?

Which ones would you like to join?

Is there another hobby you have, or would like to have, that you could start a club in?

4. Talk to somebody

Talk to a teenager that you know, or who has been introduced to you by your teacher. Ask him or her how they felt when they first moved to secondary school and if they have any advice for you. Write what they say here.

more on the next page →

5. Your thoughts

Think about what worries and excites you about starting at secondary school. If you fill in the lists below you can share these with your new form tutor or other teachers who might be able to help you.

What I am excited about:

What I am worried about:

That's your final challenge! Great work! Collect your sticker and stick it here with pride.



Notes page

Use this page to record any thoughts and ideas you have as you fill in this booklet. If you have questions you would like answering, write them here. You could draw a picture or take a photograph of how you see yourself in the future. You could write down and places you would still like to visit or people you would like to meet that might help you plan for your future.

A large, empty rectangular box with a thick yellow border is drawn on the lined paper. It occupies most of the lower two-thirds of the page, providing a designated area for the user to write their notes or draw a picture as suggested in the text above.

Comments page

Congratulations on completing all the activities! You can now show your book to other people and ask for their comments on the work you have done. Show someone from home, a friend from school and a teacher from your primary or new secondary school. Ask them to write down their thoughts and sign your book. Do they agree with where you see yourself in the future? Are there any other ideas they think you should explore or other places you might like to visit? What do you think about what they have said?

1. Someone from home

Name:

Comment:

Date:

Signed:

2. A friend from school

Name:

Comment:

Date:

Signed:

3. A teacher

Name:

Comment:

Date:

Signed:

A book of activities
for Career Related Learning
at Key Stage 2

Written by Steph Taylor
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connexions

